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Monday, October 17, 2011
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News worth
sharing.



Wing. Nuts

► Patrick Hersey, a chef at Fanshawe College, catches his breath Friday during the Metro Hot Wing Challenge hosted at the college.

MIKE ARSENAULT/FOR METRO

Some like it really, really hot

Metro pulled the Hot Wing Challenge together after Smoke-N-Bones Chef Lenard Leblanc challenged restaurants to make a sauce hotter than his. Two London chefs — Troy Metcalfe, an independent, and Joseph Alexander of Kingwest — bit, cooking up the spiciest wings they could muster. Hersey, Metro food critic Paul Mitchell and Metro reporter Angela Mullins judged the wings on flavour and heat. For a look at the competition and to see who won, go to page 3.

School board caught in peanut flutter

► Parents advised not to pack lunches containing peanut butter substitutes ► But products are not 'banned,' board insists



MIKE
ARSENAULT
LONDON@METRONEWS.CA

Peanut butter has been a hot-button topic in school lunchrooms for years.

Now officials in the Thames Valley school district are taking their efforts to protect kids with nut allergies a bit further — a move that doesn't sit well with all parents.

"It's hard to send your child with a lunch as it is. It's just getting more and more difficult," parent Heather Koekebakker said. "The peanut butter substitute is easy. Children like it. I don't see why it shouldn't be acceptable."

The school board posted a letter on its website Friday asking that the substitutes be left at home.

Bill Tucker, the school board's director of education, said it's too hard for staff to differentiate the faux spreads from the real deal.

"Once the product is outside of a container, it's easy to confuse the real thing with the simulated product," Tucker said yesterday. "We don't always have teachers who know the kids. We have lunchroom supervisors, educational assistants or staff from other classes."

The school board began considering the issue last school year after a parent asked a principal if the substitutes were permitted. Board members sent a letter to principals on Sept. 15 advising of the new policy, Tucker said. Parents were notified last week.

Koekebakker, whose eight-year-old son attends school in Wood-

"Some people think we've made a mistake, but we've made a decision on the side of caution."

BILL TUCKER, DIRECTOR OF EDUCATION,
THAMES VALLEY DISTRICT SCHOOL BOARD

stock, said the school board should have a little faith that parents won't send peanut butter into schools.

"We know the rules," she said. Tucker said checking every student's lunch before it's removed from a bag, even if it's labelled as containing the substitute, is not a viable option.

"Although parents are vigilant, there have been errors made in the past, and it's better just to keep a clean environment," he said.

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1
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On the web at metronews.ca



Protesters affiliated with the Occupy Wall Street movement tell Rupert Murdoch what they really think of him. Video at metronews.ca/video

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Reflections from Toronto

► London woman says Occupy Toronto has a 'festival-like atmosphere' ► Estimated 2,000 participated in Saturday arm of protest ► Several Londoners aimed to make their voices heard



MIKE ARSENAULT
LONDON@METRONews.CA

If you ask Jo-Anne Bishop, the first day of Occupy Toronto was more like a celebration than a rowdy protest.

"There was music, people brought drums, there was dancing," the 38-year-old Londoner said. "Just a lot of new friendships and networks and new connections built. It was pretty neat."

Bishop and other Londoners went to Toronto on Saturday, gathering with other protesters at King and Bay streets and marching to St. James Park. The demonstrators — like those in other major hubs across Canada — were speaking out against what they call a corporate system that favours a wealthy elite and disregards the masses.

The protests in Toronto and elsewhere continued yesterday, with those in-

volved nailing down action plans for the week, especially today when financial districts spring back to life.

Bishop, who returned home on Saturday evening, said her fears of physical violence and chaos reminiscent of the 2010 G20 protests were quickly abated.

"There was no hassle at all — it was a very small police presence," she said. "(The police) were fabulous. I went up to them afterwards and said 'Thank you for being so great,' and they said, 'Thank all of you for being so great.' It was really peaceful."

The protests, Bishop said, are the first step toward change.

"It got attention that 'Hey, we're here, and we just want you to listen,'" she said.

A small group of about 20 protesters gathered here Saturday in Victoria Park to support the larger demonstrations. Police reported no problems.



► Protesters march through the financial district Saturday during the Occupy Toronto demonstration. The protest — like those staged in cities across the country — drew attention the widening income gap between the extremely wealthy and average citizens.

London Knights feel the Sting



MIKE ARSENAULT
LONDON@METRONews.CA

The London Knights travelled to Sarnia yesterday afternoon on tired legs and weary bodies, falling 4-3 to the Sting in their third game of the week-end.

The Knights led Sarnia 3-2 with less than 10 minutes remaining in the third period, a lead undone by lack of discipline and a porous penalty kill.

Two late penalties to Tommy Hughes and Matt

Rupert led to two power-play goals by the Sting, giving Sarnia the victory. The Knights' penalty-kill woes continued as the Sting went 3-for-7 with the man advantage.

Goal scorers for the Knights were Colin Martin, Max Domi and Bo Horvat. Michael Houser stopped 32 shots in the loss.

London went 2-1 over the weekend and their overall record now stands at 8-2.



► Bo Horvat



► Dane Fox

Weekend wrap

The London Knights played Erie on Friday and faced Guelph on Saturday. Here's how the weekend turned out.

- Friday: London 6, Erie 4. Bo Horvat scored the winning goal with about 7 minutes remaining in the game.
- Saturday: London 5, Guelph 1.
- Dane Fox had three points (1G, 2A). Jake Patterson stopped 29 of 30 shots for his first victory of the season.

Police passing out acts of kindness

London police will participate in today's 1,000 Acts of Kindness challenge.

The department plans to perform more than 450 kind acts designed to en-

courage others to "pay it forward."

The kindness challenge is organized by LUSO Community Services.

● METRO

Synchronize at JLC

The world's top synchronized skating teams are coming to the John Labatt Centre. Teams will compete for \$50,000 during the 2011 Synchro in the City, scheduled for Dec. 27 to 29. ● METRO

Student housing break-ins on the rise

Students are being reminded to lock their doors and windows as police report an increased number of break-ins near Fanshawe College and

UWO.

The crimes are happening at all hours of the day and electronics are being targeted, police said.

● METRO

Man, 19, arrested in Clark Road slaying

- ▶ London man picked up by Peel Regional Police
- ▶ Arrest warrant calls for suspect to face nine charges



ANGELA MULLINS
@METRONEWS.CA

A 19-year-old London man has been arrested in a fatal shooting last Tuesday at 609 Clarke Rd.

Denzel Borden was taken into custody about 6:30 p.m. Saturday in Mississauga, hours after police issued an arrest warrant. The warrant named charges including second-degree murder, possession of a weapon

dangerous to the public peace, unlicensed person possessing an unregistered firearm and possession of a loaded regulated firearm.

Police have said Thi Tran, 40, died after being shot about 2 a.m. in the parking lot of K's Sports Lounge & Grill, which is just south of Oxford Street. Borden is known to frequent Mississauga, police said. Investigators are arranging to have him transported back to London to face the charges.

Two men are still being sought in another shooting this month, which resulted in the death of David Arbuckle, 20.

One of the suspects is described as white, 20 to 23 years old, about five-foot-five and 250 pounds. The man has short brown or blond hair, and was last seen wearing a loose-fitting gray T-shirt, loose jeans and white shoes, police said.

The other man is described as black, 20 to 23



▶ Denzel Borden

years old and five-foot-eight to six feet tall. He was last seen wearing a red shirt, possibly shorts and orange and red shoes. Anyone with information about the Arbuckle case is asked to call police.

Springbank. Trek



▶ Runners make their way through Springbank Gardens yesterday morning during a five-kilometre trek to raise awareness of people with learning disabilities.

MIKE ARSENAULT/FOR METRO

Running to reach \$4K goal

About 100 people — more than double the number who participated last year — braved light rain for the third annual event organized by the Learning Disabilities Association of London Region. The group hoped to raise \$4,000 and had counted \$1,000 worth of online donations yesterday. A final tally is expected today.

Metro Hot Wing Challenge

ALL PHOTOS:
MIKE ARSENAULT/FOR METRO



- 1 Food critic Paul Mitchell bites into a chicken wing Friday during the Metro Hot Wing Challenge. The wings were so hot, chefs asked judges to sign waivers before digging in.
- 2 Patrick Hersey, a Fanshawe College chef, takes a gulp of milk, as judges were given slices of bread, milk and water to help stave off the fire in their mouths.
- 3 Debbie Hass, a placement consultant at Fanshawe, fights the burn: "It's the hottest freaking thing I've ever put in my mouth."
- 4 Kingwest Chef Joseph Alexander was crowned winner — he spent about a week preparing for the contest. ● MIKE ARSENAULT

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Could this be just the beginning?

► Many taking part in Occupy Canada movement brave crisp fall weather to camp out at parks

A day after kicking off their movement with loud voices and larger numbers, Canadians who gathered to decry corporate greed and social inequality spent yesterday nailing down their action plan for the coming week through long meetings with smaller groups.

By late yesterday afternoon the numbers of Occupy Canada participants had thinned, but many expected their ranks to swell today as the financial sectors they were protesting reopened.

"Today's going to be a major day for planning a large impact for Monday as a demonstration for (when) the stock exchange opens," said Niko Salassidis, 20, who set up the Occupy Toronto Facebook group.

No trouble yet

► The protests across Canada have been orderly so far, marked by cordial relations between police and demonstrators — a sharp contrast to the riots that erupted during last year's G20 demonstrations in Toronto and following Vancouver's Stanley Cup loss in June.

"We plan to make a very large statement."

But Bryan Hyshka, 21, a volunteer at Edmonton's downtown camp site, added many of the protesters had to be at work today, so it was unclear how many would be available to continue the protest during the week. **THE CANADIAN PRESS**



► Protesters with the Occupy Nova Scotia rally at Halifax Grand Parade Square yesterday.




► "Sonny" protests against "corporate greed" in Toronto's financial district on Saturday.



► Protesters hold signs during the Occupy Calgary protest Saturday.



► Protesters dance outside the Vancouver Art Gallery during the Occupy Vancouver demonstration Saturday.



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The spy who duped me: Passports abused, memos say

The Russian intelligence service's illegal use of the Canadian passport poses a "troubling threat" to the travel document's integrity, newly released federal memos warn.

Canada "strongly deplores" the exploitation of its passport by Russian agents to establish a spy ring in the United States, say the internal Foreign Affairs Department records. But it seems Moscow's Cold War-style tactics, exposed last year by U.S. authorities, did little to chill relations with Ottawa.

In fact, the embassy of the Russian Federation said Canadian officials didn't

even raise the matter.

Foreign Affairs spokesman Jean-Francois Lacelle declined to discuss the matter, saying only that communication with other countries is confidential.

Last year 11 people — four of whom claimed to be Canadian — were indicted on charges of conspiring to act as secret agents in the United States on behalf of the SVR, the Russian Federation's successor to the notorious KGB.

Donald Heathfield and Tracey Foley, who lived together near Boston, admitted to being Andrei Bezrukov and Elena Vavilo-

va. Patricia Mills of Arlington, Va., confessed she was actually Natalia Pereverzeva.

Bezrukov, Vavilova and Pereverzeva were among those sent back to Moscow after pleading guilty — part of a swap for prisoners in Russia.

Another man, travelling on a Canadian passport under the name Christopher Metsos, was arrested in Cyprus. But he skipped bail and disappeared.

It's unclear whether Canada ever voiced its concerns to Russian officials and, if it did, what came of any exchanges.

THE CANADIAN PRESS



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Several hundred protesters in at least seven U.S. cities supporting the growing Occupy Wall Street movement were arrested over the weekend after refusing to obey police orders to leave public areas, including 175 people at a park in Chicago, where the arrests brought about a new phase of civil disobedience, organizers there said yesterday.

The arrests were mostly peaceful and came as somewhat of a contrast to earlier demonstrations, where protesters took care to follow laws in order to continue protesting Wall Street's role in the financial crisis and other grievances about economic injustice.

Overseas, tens of thousands nicknamed "the indignant" marched in cities across Europe, as the protests that began in New York linked up with long-running demonstrations against government cost-cutting and failed financial policies in Europe. Protesters also turned out in Australia, Asia and South Africa. **THE ASSOCIATED PRESS**

Global occupation

► 'Banks got bailed out, we got sold out!' chant New York protesters



► Protesters at an Occupy Seoul rally Saturday. The sign reads: "Tax the Rich One Per Cent, Welfare for the 99 Per Cent."



► A protester holds a placard during an anti-capitalist demonstration in Paris Saturday. The placard reads: "We Are the 99 Per Cent, Too Big to Fail."



► Thousands of protesters march to Los Angeles City Hall as part of the solidarity movement with Occupy Wall Street on Saturday.



► Two men with placards walk behind police as protesters gather in front of the Reserve Bank of Australia in Sydney Saturday.



► Italian police fire tear gas.

Cleaning up

- Rome's mayor said yesterday that it could cost at least \$1.4 million US to recover from the havoc wreaked by rioters who smashed windows, tore up sidewalks and torched vehicles after breaking off from a peaceful protest Saturday.
- The estimate came as cleanup continued in damaged neighbourhoods.
- The hundreds of rioters infiltrated a march by tens of thousands of demonstrators unhappy about the global financial crisis.



For more coverage, including video, visit metronews.ca

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Anti-Gadhafi forces tear down compound

- Libyans eager to move on after decades of repression
- Fighting persists on two fronts and tensions remain

Libyan revolutionary forces bulldozed the green walls surrounding Moammar Gadhafi's main Tripoli compound yesterday, saying it was time "to tear down this symbol of tyranny."

The sprawling, fortress-like compound known as Bab al-Aziziya has long been hated by Libyans who feared to even walk nearby during Gadhafi's more than four decades in power and its capture was seen as a turning point in the civil war as revolutionaries overran the capital in late August.

Ahmad Ghargory, commander of a revolutionary brigade, said the area will be turned into a public park accessible to all



► Revolutionary fighters use heavy machinery to tear down a guard tower at the Bab al-Aziziya compound yesterday.

Libyans.

"It's the revolutionary decision to tear down this symbol of tyranny," Ghargory said.

"We were busy with the war, but now we have the space to do this."

Already, the courtyard in front of Gadhafi's former house, which he used for many fiery speeches trying to rally supporters during the uprising, has

been turned into a weekly market. Tripoli residents roam the premises as if at a museum, with vendors selling revolutionary flags and other souvenirs.

However, the continued instability has delayed efforts by the transitional leadership to move forward with efforts to hold elections and establish democracy.

THE ASSOCIATED PRESS

King. Statue



► U.S. President Barack Obama, centre, his daughter Malia Obama and Harry Johnson, president and CEO of the Martin Luther King Jr. Memorial Foundation, look up at the Martin Luther King Jr. National Memorial yesterday.

CAROLYN KASTER/THE ASSOCIATED PRESS

King memorial dedicated

Dr. Martin Luther King was a man who "stirred our conscience" and made the union "more perfect," U.S. President Barack Obama said yesterday.

Gay U.S. troops attend national convention

Nearly four weeks after the U.S. lifted its "don't ask, don't tell" policy banning open service by gay men, lesbians and bisexuals, stories of secret-shedding, relief and acceptance were swapped Saturday at the first-ever national convention of gay military personnel on active duty.

Each of the 200 or so sailors, soldiers, Marines and airmen attending the conference put on by the formerly clandestine group known as OutServe had, to varying degrees, only recently revealed their sexual orientations at work. None had got a reaction worse than a shrug.

THE ASSOCIATED PRESS

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Estimates of the number of gay troops range from 47,000 to 65,000.

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► An employee holds a BlackBerry Playbook tablet at the Research in Motion annual meeting in July.

Conquering Parliament Hill an uphill battle for RIM

► Even technology minister has iPad instead of Playbook

Gaining ground in the Apple-dominated tablet computer market has been akin to pushing a rock up a mountain for Research in Motion.

And there's a hill they're at risk of dying on: Parliament Hill.

Political Ottawa remains addicted to RIM's signature BlackBerry smartphone, but when it comes to which tablet computers to adopt, Apple's iPad is the favoured

son.

Conservative MP Peter Braid is one of the only MPs who uses RIM's Playbook instead.

It's an obvious choice, as Braid represents Waterloo, Ont., where RIM is based.

When BlackBerry service went down around the world last week, it wasn't just the company who felt the slap. Local residents, as well as Canadians across the country, take personal

pride in the fact the device that even the U.S. president couldn't live without comes from Canada.

Even in the wake of the service meltdown, Braid said, people still remain confident in the company.

And when it comes to the tablet, he's hoping to try to convert over more fellow parliamentarians.

In choosing the iPad over the Playbook, MPs are reflecting a larger trend.

THE CANADIAN PRESS

Torstar boosts stake in Metro

Torstar Corp., the parent company of the Toronto Star, has boosted its interest in Metro, the free newspaper chain that publishes in cities across Canada.

Torstar announced Friday it has paid \$51.5 mil-

lion to increase its stake to 90 per cent in Free Daily News Group, which publishes Metro in Toronto, Vancouver, Ottawa, Calgary, Edmonton, Winnipeg and London, Ont. Under a separate joint venture with Transcontinental Media G.P., it also publishes in Halifax.

"This is exciting news,"

said Bill McDonald, president of Metro English Canada. "Metro has carved a significant space in the national media landscape, and through the enhanced support of Torstar, our majority shareholder, we're looking forward to even greater growth."

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LAUNCH TIPS

CONSIDER THESE POINTS BEFORE YOU BEGIN YOUR NEW VENTURE

Small and medium-size businesses account for 99.8 per cent of all Canadian companies and employ more than 60 per cent of private sector workers.

If you are thinking of launching a small business, here are 10 points to consider:

1 CHOOSE SOMETHING YOU LOVE. You are going to spend countless hours starting and growing your business. It's vital to love your work, whether it's selling insurance, running a photography studio or cutting hair.

2 SAVE MONEY FIRST. Don't start your business just using loans from family, friends and banks; it can take years to turn a profit before you can repay them. Instead, save as much money as possible up-front, even if it extends your launch date.

3 RESEARCH, RESEARCH, RESEARCH. You will need to become an expert on your industry, products and services. To do so, join related industry or professional associations.

4 DRAFT A BUSINESS PLAN. For most small businesses, the most important parts of this plan are the break-even analysis, a profit-and-loss forecast and a cash-flow projection. It also helps project start-up costs and marketing strategies.

5 DON'T QUIT YOUR DAY JOB. If there is no conflict of interest and you can manage it, keep your full-time job while you lay the foundation of your business. You might as well enjoy getting regular paycheques and paid vacations as long as you can.

6 FIND CLIENTS/CUSTOMERS FIRST. Start lining them up before you have officially launched. Network, offer a few free services or products — you can't start marketing too soon.

7 HIRE GOOD STAFF. Choose outstanding employees, then create a happy and stable workplace so they will want to perform well and stick around.

8 EMBRACE SOCIAL MEDIA. At the very least, companies should have a website that describes who they are and their services and products. It's becoming de rigueur for businesses to be on Facebook and Twitter, too.

9 ADOPT A CAUSE. Consumers appreciate businesses that support good causes. Everyone wins: The customers; the charities; and the businesses.

10 PAY YOUR BILLS AND TAXES ON TIME. In doing so, you will gain trust and build a positive credit profile. For small businesses, reputation is everything. — Jane Doucet

WEEK BRINGS ENTREPRENEURS TOGETHER

For 32 years, the Business Development Bank of Canada has been organizing Small Business Week to recognize the contributions and achievements of Canadian entrepreneurs. Events held during this week bring entrepreneurs together at

conferences, luncheons and trade fairs across the country, where they can learn and network with their peers.

For more information about this year's events, which are being held this week, visit bdc.ca/sbw.

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the mission of Ekaterina Nikiforova. She started the Downtown Yoga Holistic Centre as part of her Dundas Street retail establishment, The Organic Oscars. It sells ethically manufactured clothing, eco-friendly personal and household products and locally made crafts and jewelry.

One of Nikiforova's goals with the store and studio was to offer yoga to everyone, without physical or financial barriers. She offers an unemployment rate of \$25.00 per month for those who can't afford to pay the regular fare. "I opened just as the recession hit and I want to make yoga accessible to everyone. We don't ask for proof; we just trust people," explains Nikiforova.

Her plan to offer wheelchair yoga was implemented recently. Because the studio is wheelchair accessible, Nikiforova thought that it would fill a need in the community as it's not offered elsewhere. "It's a niche thing.

Most other studios aren't wheelchair accessible, so I wanted to offer it to them (those who use wheelchairs due to a mental or physical disability) and they can benefit a lot."

Teacher Lisa Hopkins takes the four to six weekly participants through a series of gentle stretches. There's no downward dog or child's pose for this class, as they stay in their chairs and are assisted by helpers.

Hopkins, a yoga teacher for 15 years who teaches all kinds of classes to special-needs people in different studios, says she uses Raja yoga methods for this class. "It's really yogic massage and breathing. We don't do poses (but rather) modified

flows, a series of movements put together to increase mobility and bring ease to the joints in the body," she explains.

Sandra Regalo regularly attends these hour-long Friday-morning sessions. She has cerebral palsy and finds the classes help her to focus. "I like the exercises," she says. "It's relaxing to focus my mind on something else (besides pain)." She feels that it improves both her mental and physical health.

That's the goal for both Hopkins and Nikiforova. For Hopkins, this is a volunteer position, and Nikiforova only charges the minimum rate for the wheelchair yoga class. They plan to start a class for "round bodies," says Nikiforova, "for people size 16 and above." In addition to those for seniors and kids, they already offer in a long line of specialized classes.

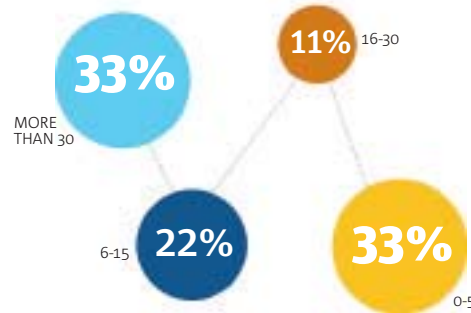
"I think I get more out of it than they do. It brings me great joy and takes me through the week. This is a special group with an open mind and an open heart; (they are) not influenced by the junk out in the world," explains Hopkins.

Contact Jill Ellis at londonurbancompass@metronews.ca



Register at
metropolitanpanel.ca
and take the quick poll

How many books do you read in an average year?



Local tweets



@jvgrigg:
Enjoyed great

Dim Sum at Dragon Court Restaurant #ldnont london ontario

@bethstanley23: The night before's make rough morning after's so worth it #secondyearschwasted #uwo

@lee_mac_13: It looks like a tornado of food&alcohol went through these hallways.. Welcome to the zoo #uwo #winning

@allysoneckel: There's a guy on my bus talking to himself in a girl's voice... #ldnont

@inkscrblr: @seemummyjuggle Well I was shocked to get home to #ldnont and find it really cold. Big temperature dip. #BlissdomCanada
@jameswilk: Where is the sun #LDNont?
@blemlife: If I tweeted everything that was going on here it would make a couple ppl embarrassed...#smh...#uwo...#heauxz
@CourtneyHudder: First thing a guy said to me at a bus stop: "good god you're short." Nice to meet you too #ldnont

Worth Mentioning

California's largest industry group for doctors is calling for the legalization of marijuana even as it maintains that the drug has few proven health benefits.

Trustees of the California Medical Association adopted the new stance at its annual meeting in Anaheim, according to a Los Angeles Times report.

Dr. Donald Lyman, the physician who wrote the group's new policy, said doctors are increasingly frustrated by the state's medical marijuana law, which allows use with a doctor's recommendation. Physicians are put in the uncomfortable position of having to decide whether to recommend a drug that's illegal under federal law, Lyman said.

"It is an open question whether cannabis is useful or not," he told the newspaper. "That question can only be answered once it is legalized and more research is done."

The CMA acknowledges health risks associated with marijuana use and proposes regulation similar to alcohol and tobacco.

THE ASSOCIATED PRESS

Elbow. Grease



In this picture taken Saturday, Switzerland's Roger Tanner, left, and Bernd Ebert compete during the Swiss Bodybuilding Championship in Basel, Switzerland.

PETER KLAUNZER/KEystone/THE ASSOCIATED PRESS

Photo of the day

WEIRD NEWS

Don't throw yourself in my backyard

Hundreds of Toronto-area residents have signed a petition listing grievances with the Parachute School of Toronto including roaring noise, noxious fumes and rogue skydivers landing on their properties.

"If they wreck anything," says resident Paul Nicholls, "say they land in your Azaleas and destroy them, that's criminal trespass."

Recently, Nicholls went to Georgina

town hall to present the petition, signed by 200 other aggravated Georginians, and lobby for change. A town-council report on the matter is expected early next week.

The school has been operating since 1974, though it used to run out of Arthur, Ont. In 2002, it relocated in Georgina — north of Toronto — to be closer to its Toronto customers. It runs from May to October, from 9 a.m. to sunset, five days a week, during which some thousand flights take place.

Of the 400 jumps conducted weekly, Adam Mabee, president of the parachute school, says just a couple of skydivers miss their target, the airport. The worst damage was to an awning and he paid the repairs.

TORSTAR NEWS SERVICE

2
scene

Box office



The robot boxers of *Real Steel* and the dancers of *Footloose* are in a tight fight for the box-office title. *Real Steel* came in barely ahead of the remake *Footloose*, which opened with \$16.1 million. The movies are close enough that they could switch rankings once final numbers are released today. Universal's horror update *The Thing* opened at No. 3 with \$8.7 million.

THE ASSOCIATED PRESS

Gaga does Marilyn

► Lady Gaga channels Marilyn Monroe at concert honouring Bill Clinton's foundation

Lady Gaga enjoyed her "first real Marilyn moment" with former President Bill Clinton.

The envelope-pushing pop superstar was one of several musicians who performed Saturday night at the Hollywood Bowl during a concert celebrating the 10th anniversary of Clinton's foundation, which has sought to improve global health, strengthen economies worldwide, promote healthier childhoods and protect the environment for the past decade.

"I always wanted to have one, and I was hoping that it didn't involve pills and a strand of pearls," Gaga joked.

Emerging from atop an all-white treehouse, Lady Gaga sported a wavy blonde 'do and red lips like Marilyn Monroe, who famously crooned *Happy Birthday, Mr. President* to President John F. Kennedy in 1962. Lady Gaga similarly serenaded Clinton and changed several of her lyrics to reference him, including swapping the title of *Bad Romance* for *Bill Romance*.

"I thought, 'My God. I get Lady Gaga, and I will have a heart attack celebrating my 65th birthday,'" Clinton later said.

Clinton, who turned 65 on Aug. 19 but celebrated his birthday at a posh Hollywood party Friday night, sat between wife Hillary



► At a performance celebrating the 10th anniversary of Bill Clinton's foundation, Lady Gaga serenaded Clinton like Marilyn Monroe did to President John F. Kennedy in 1962.

and daughter Chelsea in the front row throughout Saturday's event at the outdoor venue set against the Hollywood Hills. Other famous attendees included Maria Bello, Ashton Kutcher, Jason Segel, Ellen DeGeneres, Colin Farrell and Chevy Chase.

"I am the only person in history who got to be President and then had a post-

presidential birthday party attended by both Lady Gaga and the Secretary of State," Clinton joked on stage. "I want to thank Hillary because we met 40 years ago this year. When I met her, she was already doing the kind of work you see here long before it was cool."

Other performers included Motown legend Stevie Wonder, country star

Kenny Chesney, Toronto rapper K'Naan, Colombian crooner Juanes and R&B singer Usher.

Usher kicked off his performance with a take on Joe Cocker's rendition of the Beatles classic *With a Little Help From My Friends* before launching into his hits *Yeah* and *OMG*. The R&B singer accidentally split his pant legs while

\$50 to \$500

► Ticket prices for *A Decade of Difference: A Concert Celebrating 10 Years of the William J. Clinton Foundation*, which was streamed live on Yahoo.com, ranged from \$50 to \$550.

dancing to reveal his bare left leg. The wardrobe malfunction didn't stop Usher, who continued with his routine, telling the crowd: "I work hard."

Bono and The Edge of U2 closed the concert with a mostly acoustic set that included such tunes as *Desire*, *One* and *Sunday Bloody Sunday*, which Bono sang directly to Clinton.

The duo — who were accompanied by a string quartet and Edge's laptop — closed with *Miss Sarajevo*. Bono tackled the operatic part of the tune originally sung by the late Luciano Pavarotti.

Clinton himself is no stranger to performing. The saxophone-playing politician memorably belted out *Heartbreak Hotel* when he visited Arsenio Hall's show during his 1992 presidential campaign. Clinton didn't pick up the instrument Saturday night, despite a plea from Lady Gaga, who informed him: "I wish you were playing sax with me tonight, baby."

THE ASSOCIATED PRESS

Future is funny for Lopez

► Comedian George Lopez is hard at work creating a new family sitcom

Comedian George Lopez said he is creating a new family-orientated sitcom where he will play a father and husband, vowing to return to television less than two months after TBS cancelled his late-night show *Lopez Tonight*.

Lopez told *The Associated Press* his now untitled show "will be the opposite" of George Lopez, the syndi-

cated television sitcom that aired on ABC from 2002 to 2007 and made him a household name.

He also plans to star in his third live HBO standup special next year, his first since 2009.

Viewership for his late-night show on TBS declined heavily in its second year.

He says the show suf-

fered after he lost his 11 p.m. ET time slot to Conan O'Brien. He said TBS' plan was for Lopez to go on after O'Brien at midnight and win over O'Brien's young viewers.

Instead, Lopez's total viewership dropped 40 per cent in its second year, from an average of 910,000 nightly viewers to 543,000. By August, the audience

had dropped to 391,000.

The comedian said it is unfortunate his show was cancelled because there are few minority hosts on late-night television.

"I was heartbroken. Late-night talk show needs diversity," actress Eva Longoria told the AP of the cancellation. She attended a charity gala with Lopez in Las Vegas Saturday night.



► George Lopez

Lopez, who often lampoons his Mexican heritage and upbringing, said there will not be a grandmother figure on his new show. On *George Lopez*, Lopez often verbally sparred with an actress who played his mother.

THE ASSOCIATED PRESS



Low-rated *Charlie's Angels* reboot grounded by ABC after just four airings.



metrophotochallenge.com



The photos in picture are from previous editions of Photo Challenge.
The largest photo by Hazel Conry, Ireland, the Global Winner in 2009.

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There are things that only world's largest newspaper can do.

The death rattles of Ashton and Demi's marriage?

► Moving truck spotted outside the couple's home ► Sources speculate that Ashton might be movin' out

Rumours of an impending split between Ashton Kutcher and Demi Moore jumped into overdrive late last week when a moving truck was seen pulling up to the couple's Los Angeles home, according to Us Weekly.

The moving company, Wetzel & Sons, would not divulge any information

about the job.

While it's unclear which of the two might be vacating the premises, sources speculate Kutcher would be the one kicked to the curb.

"Demi is humiliated," a source says. "She loves him, but can't forgive him for the embarrassment he has caused."

● METRO



► Demi Moore and Ashton Kutcher

Bradley Cooper may be keeping date with J.Lo on the down low

Bradley Cooper stepped out recently with a woman who looked a lot like Jennifer Lopez, though she was going to great lengths to shield herself from photographers, according to Us Weekly.

A source close to Lopez says it was in fact the American Idol judge meeting up with the Hangover star, getting together again after a dinner date in New York last month.

"After their date in New York, Bradley and Jennifer stayed in touch," the source says. "She does like his attention, and it makes her



► It's cute now but wait until she's 45.

Sucking – sucks?

► A thumb or pacifier may bring peace to your household but what are the implications?



EMMA E. FORREST
LIFE@METRONWS.CA

METRO WORLD NEWS

You've swaddled and shushed, but your baby's still howling at 3 a.m. So you reach for a pacifier, or encourage thumb sucking. Is this "OK" parenting?

Thumb versus pacifier use is an issue that divides parents. Thumb-sucking is a natural behaviour found not just in humans but in primates as well. Children have been observed thumb-sucking in the womb. Pacifier proponents believe keeping your baby calm when he or she is crying for

no reason is better for his or her psychological wellbeing.

There are genuine positives: Pacifier use is believed to reduce the prevalence of Sudden Infant Death Syndrome. You can also control when your baby uses it (which you can't do with a thumb) and when it's time to end non-nutritive sucking (NNS) — as it's termed — a pacifier can be thrown out, another thing you can't do with a thumb.

The downside is that if your baby becomes dependent on it, you'll be up throughout the night to

"Sucking on soothers can lead to ... an open bite and difficulties closing the lips."

DR. SARAH HULLAND

pop it back in. Later, it becomes a physical barrier to speech.

So while this sanity-saver seems like a good option, NNS can have serious implications for a child's growth.

"The greater the amount of time during the day that the child engages in non-nutritive sucking, the greater the forces that the growing bones and associat-

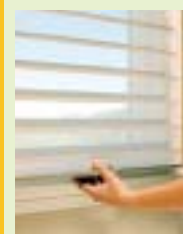
ed soft tissues will be exposed to," explains Dr. Sarah Hulland, a paediatric dentist and former president of the Canadian Academy of Pediatric Dentistry. "In turn (this) can cause a change in the relationship of the oro-motor complex, so how the mouth is shaped, how the tongue inter-relates, how the lips can close, how the tongue behaves in the mouth (can be affected)."

Hulland warns that soother sucking should be limited to settling your baby. "Sucking on soothers can lead to significant restructuring of the oro-facial

complex, which usually manifests itself as an open bite where the front teeth don't meet. This can lead to difficulties closing the lips and a tongue thrust."

In response, pacifier producers are now creating more ergonomic soothers. But getting kids to stop can be tricky. "The easiest way to stop pacifier sucking is to keep soother-access to essential-use only," explains Hulland. "And for thumb suckers, remove thumb from a child's mouth or replace it with an alternative comforter. As a last resort, dentists can fix a barrier in the mouth."

Child safety



Sue Rainville, director of marketing for window fashions manufacturer Hunter Douglas, offers tips to make your home safe.

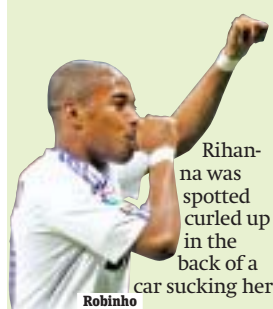
- Use window guards on all windows above the first floor. Screens aren't strong enough to stop the fall. Look for quick-release features for easy emergency exits

- To keep windows open for ventilation, install locks that limit the opening's size.

- For sliding glass doors, apply bright stickers at a child's eye level to alert him or her to the presence of glass.

- Be sure to keep all furniture and cribs away from windows.

NEWS CANADA



Adults who suck their thumbs

Rihanna was spotted curled up in the back of a car sucking her

thumb, Amy Winehouse had been pictured doing it, and soccer hero Robinho pretends to suck his thumb after a goal.

"In adults, when growth is essentially complete, the correction of the

bite can still be orthodontically managed, but the result is more difficult to achieve and the possibility for relapse, both in the bite and the habit, are higher," says Dr. Sarah Hulland, a paediatric den-

tist.

Dental health aside, NNS in adulthood can be socially awkward: "I stopped worrying about it," says one thumb sucker, a high-flying international development consultant.

"I think to myself, 'It's not doing any harm to anyone'. But it is a problem if I'm sleeping next to a new partner. It's pretty weird to see an adult wake up sucking their thumb."



Scan this code for tips on preserving your favourite memories.

A wow-provoking dinner starter

Ingredients:

- 1 lb (500 g) large peeled uncooked shrimp (about 24)
- 4 tsp (20 mL) olive oil
- 2 sliced garlic cloves
- Pinches salt
- 2 tbsp (30 mL) chopped

coriander Peanut sauce

- 1/3 cup (75 mL) peanut butter
- 2 tbsp (30 mL) lime juice
- 2 to 3 tsp (10 to 15 mL) hot sauce
- 1 tbsp (15 mL) soy sauce

- 2 tsp (10 mL) finely grated peeled ginger
- 1 large garlic clove, minced
- 1 ripe but firm mango
- 24 mini scoop shaped tortilla chips
- Garnish: coriander leaves

Seared Shrimp Tortilla Bites boast hint of sweetness

Preparation:

- 1 If using frozen shrimp, thaw and pat dry well. Discard tail shell, if still on. Heat oil in a large frying pan over medium-

high heat. Add shrimp, garlic and salt. Stir-fry until shrimp is pink, about 4 minutes. Toss with coriander. Refrigerate to cool or cover and refrigerate overnight.

- 2 Stir peanut butter with lime juice, hot sauce, soy sauce, ginger and garlic. Stir in a little water if needed until a thick sauce-like consistency. Sauce can be made a couple of days in advance then covered and refrigerated.

- 3 Peel mango and cut fruit from pit. Dice into 1/2-inch (1.5 cm) pieces. Just before serving, assemble bites. Spoon about 1 to 1-1/2 tsp (5 to 7 mL) peanut sauce into tortilla scoop. Top with a shrimp, mango piece and coriander leaf if using. Repeat with remaining shrimp. You may have a bit of sauce left-over depending on the number of shrimp you have.

NEWS CANADA/ PEANUT BUREAU

NEWS CANADA



► This recipe makes 24 bites.

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Rose Reisman's Swap It

It's never easy to know which is healthier: a lasagna or spaghetti with a rich meat sauce. In this case, the lasagna comes in at almost double the calories and two and a half times the fat.

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BEN KNIGHT
LIFE@METRONEWS.CA

Drip by drip, drop by drop, water is getting more expensive.

It's tempting to wonder, sometimes, why we are paying so much for something that regularly falls out of the sky for free.

Not that purification, pumps and infrastructure aren't hugely important. But aren't there ways to use all that water that simply hits your house anyway? Yes, and so we turn to the humble rain barrel.

"Catching rain water for your garden is fun,"

says Bob Burgess, principal of Gulf Islands Rainwater Connection Ltd. on Thetis Island, B.C.

"And it gives you the best possible water for your garden."

A simple, low-tech device can fill up 10 to 15 times in a typical Canadian year.

The water's not drinkable, but it's cheaper — and cleaner — for lawns, gardens and plants than the more expensive treated water that gushes from your hose or sprinkler.

And if you feel like investing in a more complex system, rain water can also be used indoors.

"The building code —



► Turn your traditional rain barrel into cash.

now — allows it to be used for toilets without purification," Burgess says.

"That's a nice way to save money — and water — 12 months a year."

That requires a tank, underground in most of Canada, where it can be protected from freezing.

"The underground tanks are more expensive. You're probably spending \$2,000 on the tank, and another \$1,000 on the pump. By and large, you're looking at more

like \$4,000 to \$5,000. And that depends on how easy

it is. If it's a brand new house, it would be really easy."

Potable water systems are available, converting rain into drinking water. But they run in the \$25,000 to \$35,000 cost range — far more than most Canadians would ever be willing to spend. But there's an easier, cheaper side to this. Just the simple act of putting a

rain barrel under your downspout heightens awareness of water conservation, making it easier to find other effective, every-day ways of cutting consumption.

"That's exactly the idea of the rain barrel, is that it gets people interested," Burgess says. "Here's a line: It's raining, it's pouring, the wise man is storing."

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*Gastric banding results in an average of 58% excess weight loss within the first three years and patients continue to maintain their weight loss even up to seven years later. (Niville E et al. A mid-term Experience with the Cousin Bioring - Adjustable Gastric Band. Obes Surg 2011; May 5. [EPub])

Pursuit of success was no cakewalk

► Rosalind Chan's turning point came when she traded in her corporate cubicle for a career as a cake artisan

TURNING POINT

TERESA KRUIZE
LIFE@METRONews.ca



Rosalind Chan is an international superstar in the cake decorating world.

As a new immigrant

from Malaysia she gave up a corporate career in Canada to go after her passion for cake artistry full-time. To give up her big salary and start her own company was a hard step to take.

"I'd worked all my life and to suddenly not have a salary or a job was nerve-racking for me."

Chan went back to

A piece of cake

Interested in getting into cake decorating?
Rosalind says:

- Go to well known and relevant schools.
- Get an internship and work with the best.
- Take additional courses to build up your skill level.
- Social media — hit the websites and food blogs to introduce yourself to the market.

Malaysia and started a cake decorating teaching centre that quickly grew to two locations.

"Today we have one of the biggest cake decorating



► Rosalind Chan is the owner of one of the biggest cake decorating institutes in Malaysia and has recently expanded her business to Canada.

institutes and training centres in Malaysia."

On the heels of her success she opened her Cana-

dian shop called Sugar Tiers in Markham, Ont., and was thrilled to be inducted into the Wilton

Cake Decorating Hall of Fame.

"I want to expand in Canada and branch out to

more countries. I want to share my passion and give back to society by teaching in women's shelters. But my biggest goal is to write my first book."

For Rosalind Chan, that will be the icing on the cake.

Sweet success

Rosalind Chan's international accomplishments

- Wilton Hall of Fame
- First Canadian and Asian to become a Certified Master Sugar Artist
- First Asian to be recruited onto international Wilton Training Team
- First Asian to be awarded International Teacher of the Year Award

Could Facebook make or break a hire?

► You're aware that certain online content could harm your search ► But could some postings actually help?



CASSANDRA GARRISON
LIFE@METRONews.ca
METRO WORLD NEWS IN NEW YORK

It's no secret that your social networking site can be your own worst enemy. However, Reppler, a company that will get rid of all the dirt in your profile for you, conducted a survey that shows just how influential your social network-

ing sites really are when job searching.

A whopping 91 per cent of employers will check out your social networking sites during the hiring process and about 47 per cent will get right to it as soon as you turn in an application. The most frequently checked sites are Facebook, Twitter and LinkedIn.

An alarming 69 per cent

of those employers have actually rejected a job candidate because of something they saw on their social networking site.

The main reasons those candidates got rejected were because they lied about their qualifications, posted inappropriate photos (no surprise there), demonstrated poor communication skills (we know you only get 140

characters, but use punctuation!), posted negative comments about a previous employer or just posted inappropriate comments.

Now, the good news is that your profile can also work in your favour if an employer likes what he or she sees. 68 per cent actually reported hiring someone because of what they saw on a profile.



► Facebook, Twitter and LinkedIn are the top three sites checked by employers, according to Reppler.

The main reasons those lucky social networkers landed a job is because they gave a positive impression of their personali-

ty or organizational fit, their profile supported their professional qualifications or their profile showed they were creative.

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Hoping for another chance

► Tigers say they can contend again next year after being eliminated by Rangers in ALCS

Moments after the Detroit Tigers were eliminated from the AL championship series, Alex Avila was already looking forward to the future.

The Detroit catcher figures his team will have every opportunity to return to the playoffs next year. The Tigers won the AL Central by 15 games this season and have a nucleus that includes Justin Verlander, Miguel Cabrera and a number of other key contributors who are expected back in 2012.

"We've got a good core of guys," Avila said. "The starting rotation is good. There are a lot of young guys who've got good experience from this season. Our team is set up well for next year."

Detroit beat the New York Yankees in the division series before falling to Texas in the ALCS, unable to contain the Rangers in a 15-5 loss in the clinching Game 6 on Saturday night.

The Tigers were built to contend this season, and new additions Victor Martinez and Joaquin Benoit made valuable contributions. Detroit pulled away in the AL Central with a 12-game September winning streak. Verlander won 24 games and could take both the Cy Young and MVP awards. Cabrera won the batting title.

It was Detroit's first division title since winning the AL East in 1987, but the Tigers couldn't quite match their post-season success of



► Detroit Tigers, from left Jhonny Peralta, Brandon Inge, Miguel Cabrera and Ramon Santiago during the Rangers' nine-run sixth inning Saturday night in Arlington, Texas.

2006, when they went all the way to the World Series as a wild card.

"This team gave every single thing they had, every ounce of energy. I just couldn't be prouder of them," manager Jim Leyland said.

Verlander led the AL in wins, ERA and strikeouts, and Cabrera hit .344 with 30 homers and 105 RBIs. Martinez, the team's new designated hitter, hit a career-high .330 and drove in 103 runs.

Closer Jose Valverde didn't blow a save opportunity



"I'm not going into the off-season disappointed at all."

TIGERS MANAGER JIM LEYLAND

all year.

With Verlander, Cabrera and a talented young rotation, Detroit should be able to contend for a post-season spot again next year.

On the way out?

The Tigers will have a few decisions to make.

► Outfielder Magglio Ordonez and second baseman Carlos Guillen made a combined \$23 million US this season, but neither was healthy enough to contribute much and it's possible they won't return to the team.

Avila was perhaps the team's most encouraging surprise this year, hitting

.295 with 19 homers during the regular season. He struggled during the playoffs while playing hurt, highlighting the need for Detroit to carry a dependable backup catcher who can allow Avila to rest on occasion.

"It was tough and we had a long grind," Leyland said. "Unfortunately, we have a long time to rest up, about 10 days or so more than I would have liked, but we'll come back to spring training and get back to work."

THE ASSOCIATED PRESS

4

sports

Quoted



"I had cheers throughout the whole course, it was pretty special being out there, I felt like I had a lot of support from everyone. It was very motivating."

VANCOUVER'S LAURA BROWN AFTER WINNING A CYCLING BRONZE MEDAL AT THE PAN AMERICAN GAMES IN MEXICO ON SATURDAY. THE 24-YEAR-OLD COVERED THE 20-KILOMETRE COURSE THAT LOOPED AROUND GUADALAJARA IN 28 MINUTES 24 SECONDS.



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General Help

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Merchandise for Sale

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General Help

Merchandise for Sale

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Ladies Bowling Shoes Leather Like New Condition Size 9 \$30.00
(519)432-1165

Ladies Dress Coat Black in Color Spring/Fall \$20.00
519-432-1165

Ladies winter coat wool, London Fog. Knee length, can be dressy or casual, in mint condition. \$ 25.00.
phone # (519) 681-5587.

Lamp, small wooden with wooden shade. Carved with little lady sitting. \$10.00
519-455-9471

LEXMARK X75 printer with ink in printer, **plus 1** pkg each black and colour ink \$40 - call 519-573-1558

Apartments Unfurnished

Merchandise for Sale

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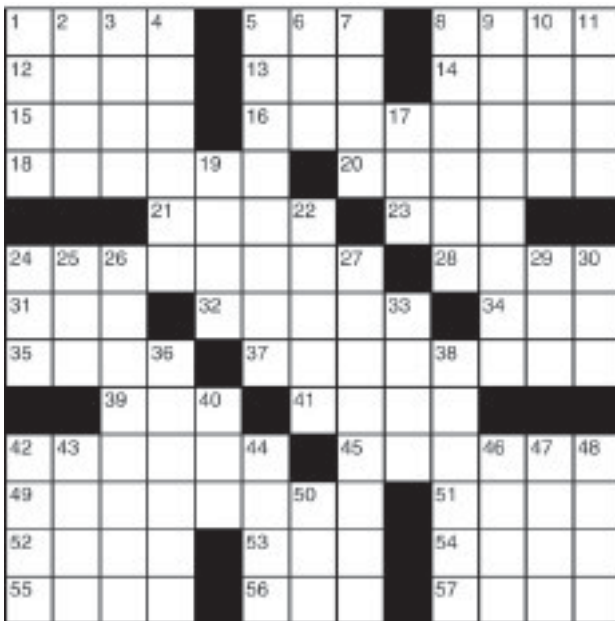
- Computer experience
- An enthusiastic and engaging personality
- Effective communication skills

Send resumes to hr8404@gmail.com

Crossword

Across

- 1 Bath powder
5 Snip
8 Corned beef recipe
12 Eye layer
13 — shoestring
14 Inner (Pref.)
15 Super Bowl party quaff
16 Western-most Great Lake
18 Apprehend
20 Puts one's foot down
21 Hebrew month
23 Vast expanse
24 Diana Ross' backup
28 Remain
31 Bobby of hockey lore
32 Sample recordings
34 Individual
35 Appear
37 Endorses
39 Dawn goddess
41 Comic Caroline
42 Deodorant site
45 More gross
49 Stuff you need
51 Money of Lesotho
52 Initial stake
53 "To be or — ..."
54 Greek vowels
55 Nuisance
56 Type measures
57 Harvard rival
Down
1 Oompah instrument
2 State with conviction
3 Lecherous look
4 Life's work



- 5 Halloween outfits
6 Burma's first prime minister
7 Reveille's opposite
8 Medal earners
9 Disney employee
10 Halt
11 — d'oeuvre
17 Aliens, for short
19 Coaster
22 Madagascar primate
24 "Help!"
25 Suffix with press or fail
26 Replaces in the TV

- lineup
27 Those with faulty logic
29 Pismire
30 "Of course"
33 Detail, for short
36 Youngster
38 "Annie Get Your Gun" role
40 Part of RSVP
42 Pronto, on a memo
43 Mysterious character
44 Fork prong
46 Tittle

- 47 And others (Lat.)
48 Go up
50 Eternity

► Friday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's answer ►

5	8	9	3	2	7	4	6	1
2	1	7	4	6	8	9	3	5
3	4	6	1	5	9	7	2	8
1	2	8	9	4	3	5	7	6
8	3	5	7	1	6	2	8	4
6	7	4	2	8	5	1	9	3
8	9	2	5	3	4	6	1	7
4	6	1	8	7	2	3	5	9
7	5	3	6	9	1	8	4	2

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Lost Angel

This Sunday marks the beginning of our third month together, and what an emotional rollercoaster it has been! Angel, I wouldn't take a minute back. Every morning that we share, every sunrise, every second that I can steal with you makes my life better. Every time you cross my mind, I am reminded how lucky I am. Je t'adore mon amour! You truly are, my everything.

CRAZY <4 U!

andy

hey andikins I know weve only been together for a short period of time but I just wanna say tht I will always be there, if u need someone or if U need a gr8t big Hug just bbb me and I'll be there.

NIKS

Today's horoscope

♈ Aries March 21-April 20 Life is a great adventure or it is nothing, so get out there and make your mark on the world.

♉ Taurus April 21-May 21 Start thinking now about ways you can make the second half better than the first.

♊ Gemini May 22-June 21 There is no limit to what you can accomplish, so don't limit your vision.

♋ Cancer June 22-July 22 You have wasted enough emotional and intellectual energy on senseless disputes.

♌ Leo July 23-Aug. 23 You seem to have missed out on a promising opportunity, simply because you were too stubborn to admit that someone else's idea was better than your own.

♍ Virgo Aug. 24-Sept. 22 Stand up for what you believe in and don't let anyone, no matter how powerful, tell you that you have no right to your own opinions.

♎ Libra Sept. 23-Oct. 23 The Sun remains in your birth sign only until next weekend, so make the most of the next few days.

♏ Scorpio Oct. 24-Nov. 22 Recent events have been anything

For today's crossword answers and for expanded horoscopes, go to metronews.ca

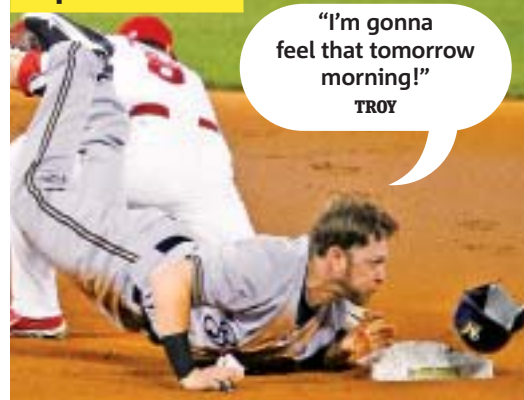
but easy and there will be more challenges over the next few days, **♐ Sagittarius Nov. 23-Dec. 21** You cannot change other people, you can only live well and be a good example.

♑ Capricorn Dec. 22-Jan. 20 Make a special effort today to put some distance between yourself and a group of people who have clearly misled you

♒ Aquarius Jan. 21-Feb. 18 There is still time to make your mark.

♓ Pisces Feb. 19-March 20. Don't listen to other people, listen to your heart. **SALLY BROMPTON**

Caption contest



CHARLES REX ARBOGAST / THE ASSOCIATED PRESS



NATHAN DENETTE / THE ASSOCIATED PRESS

WIN! You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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